

Ante Meridiem (Before Midday = "am")

Post Meridiem (After Midday = "pm")

** There is some Roman history showing that 12-midnight was not 100% accepted by everyone as the first hour of the day, suggesting instead that 6:00 am was Hour 1 of the day and 12-noon as Hour 6. Also, that 6:00 pm was Hour 1 of the night and midnight as Hour 6 of the night.

Second Watch of the Night
2100 – 0000 (9:00 – 12:00)

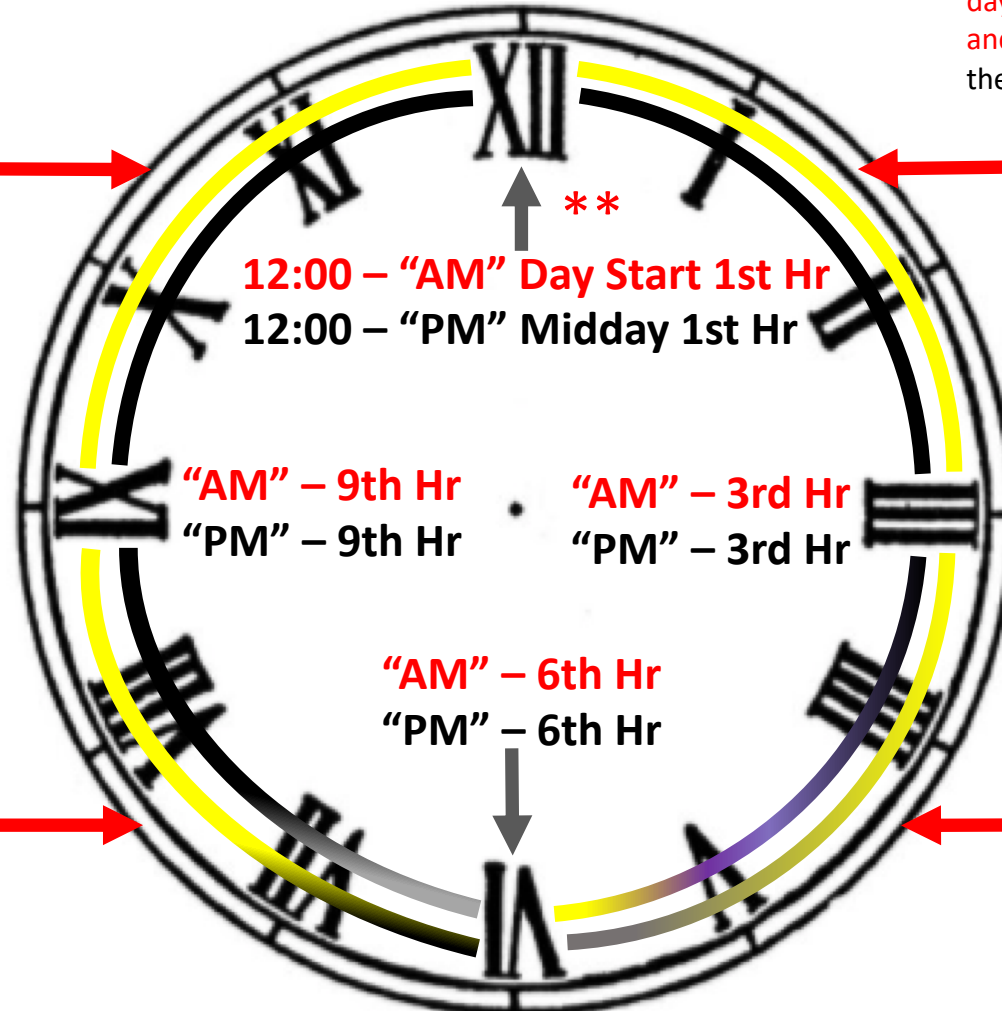
Third Watch of the Night
0000 – 0300 (12:00 – 3:00)

DAY
12 Midnight to 12 Midnight

First Watch of the Evening
1800 – 2100 (6:00 – 9:00)

First Roman Trumpet
(Gallicinium "Cockcrow")
0300 (3:00)

Fourth Watch of the Morning
0300 – 0600 (3:00 – 6:00)



Second Roman Trumpet (*Gallicinium "Cockcrow"*)

06:00 Sunrise (6:00)
6:00 Sunset (6:00)